



## Do not Routinely Order Thyroid Stimulating Hormone (TSH) Screening for low-risk patients

TSH screening is a common ambulatory practice; however, no evidence finds routine screening improves patient care. Testing is appropriate when patients are considered at-risk or demonstrate subtle or direct signs of thyroid dysfunction upon physical evaluation.

1. Lefevre ML. Screening for Thyroid Dysfunction: U.S. Preventive Services Task Force Recommendation Statement. *Annals of Internal Medicine*. 2015May;162(9):641.
2. Surks MI, Ortiz E, Daniels GH, et al. Subclinical thyroid disease: scientific review and guidelines for diagnosis and management. *JAMA* 2004;291(2):228–238. Donangelo I, Braunstein GD.
3. Update on subclinical hyperthyroidism. *Am Fam Physician*. 2011;83(8):933-938.